

Strokin'

Choreographed by Unknown

Description: 24 counts, 4 wall, beginner

Music: **Strokin'** by Clarence Carter

Achy breaky heart by Billy Ray Cyrus

LONG STEP, SHIMMY, CLAP

- 1-2 Long step **right** foot to side with bent knees
- 3-4 Slide left foot to join right foot with shimmy, clap
- 5-6 Long step **left** foot to side with bent knees
- 7-8 Slide right foot to join left foot with a shimmy, clap

- 1-2 Long step **left** foot to side with bent knees
- 3-4 Slide right foot to join left foot with a shimmy, clap

ROCK STEPS

- 5 Right foot step *in front of left* foot with bend of knee lean forward slightly, (point right foot to 10 o'clock lift left foot slightly)
- 6 Step left foot back in place
- 7 Right foot step *behind left* foot with bend of right knee upright body position, (point right foot to 2 o'clock lift left foot slightly)
- 8 Left foot back in place

PIVOT TURNS, STOMP. CLAP

- 1 Right foot step forward
- 2 ¼ turn to left
- 3 Right foot step forward
- 4 ¼ turn to left
- 5 Right foot step forward
- 6 ¼ turn to left
- 7 Stomp right
- 8 clap

REPEAT