

Messed Up In Memphis

Choreographed by Dee Musk



Description: 64 counts, 4 wall, Intermediate
Musik: Messed Up In Memphis by Darryl Worley

64 count quick beat intro. Start on vocals

SIDE TOUCH, TOUCH OUT TOUCH IN, SIDE TOUCH, TOUCH OUT TOUCH IN

1-4 Step left side, touch right together, touch right side, touch right together
5-8 Step right side, touch left together, touch left side, touch left together (12:00)

SCISSOR CROSS HOLD, ROCK turn ¼ left and step HOLD

1-4 Step left side, step right together, cross left over, hold count 4
5-8 Rock right side, recover making a turn ¼ left, step right forward, hold count 8 (9:00)

FULL TRIPLE TURN RIGHT HOLD, STEP TOUCH STEP KICK

1-4 Traveling forward make a triple turn right stepping left-right-left hold count 4
Easier option shuffle forward stepping left-right-left hold count 4
5-8 Step right forward, cross/touch left behind, step left back, kick right forward. (9:00)

BACK STEP LOCK STEP HOLD, ROCKING CHAIR

1-4 Step right back, cross left over, step right back, hold count 4
5-8 Rock left back, recover to right, rock left forward, recover to right. (9:00)

Restart here during wall 4, begin again facing 12:00 wall

SCISSOR CROSS HOLD, SIDE BEHIND TURN ¼ RIGHT HOLD

1-4 Step left side, step right together, cross left over, hold count 4
5-8 Step right side, cross left behind, turn ¼ right and step right forward, hold count 8 (12:00)

STEP ½ TURN STEP RIGHT HOLD, TURN ½ LEFT TOUCH, TURN ½ LEFT BRUSH

1-4 Step left forward, turn ½ right, step left forward, hold count 4
5-8 Turn ½ left and step right back, touch left together, turn ½ left and step left forward, brush right forward, (6:00)

MAMBO FORWARD HOLD, SAILOR TURN ¼ LEFT HOLD

1-4 Rock right forward, recover to left, step right back, hold count 4
5-8 Make a sailor turn ¼ left crossing left behind right, step right side, step left forward, hold count 8 (3:00)

STEP ½ TURN STEP LEFT, HOLD, TURN ½ RIGHT TOUCH, TURN ½ RIGHT BRUSH

1-4 Step right forward, turn ½ left, step right forward, hold count 4
5-8 Turn ½ right and step left back, touch right together, turn ½ right and step right forward, brush left forward. (9:00)

REPEAT