Above And Beyond

Choreographed by Val Myers & Gaye Teather

Description: 32 count, 2 wall, beginner/intermediate line dance

Musik: I Did My Part by Randy Travis [137 bpm]

Daddy Had A Cardiac, Mama Got A Cadillac by Billy Yates [140 bpm]

Maybe The Angels by Darren Busby [126 bpm]
Under Your Spell Again by Shelby Lynne [133 bpm]

Start dancing on lyrics

HEEL, TOE, SHUFFLE FORWARD TWICE

1-2 Touch right heel forward, tap right toe forward

3&4 Chassé forward right, left, right

5-6 Touch left heel forward, tap left toe forward

7&8 Chassé forward left, right, left

FORWARD ROCK, BACK ROCK (ROCKING CHAIR), STEP, HALF TURN LEFT. WALK FORWARD RIGHT, LEFT

1-2 Rock right forward, recover to left3-4 Rock right back, recover to left

5-6 Step right forward, pivot half turn left (facing 6:00)

7-8 Step right forward, step left forward

DIAGONAL STEP TOUCHES, FORWARD & BACK

1-2 Step right diagonally forward, touch left together
3-4 Step left diagonally back, touch right together
5-6 Step right diagonally back, touch left together
7-8 Step left diagonally forward, touch right together

REVERSE RUMBA BOX

1-2 Step right to side, step left together

3-4 Step right back, hold

5-6 Step left to side, step right together

7-8 Step left forward, hold

REPEAT

TAG

("I Did My Part" track only) To be danced at the end of wall 2 facing 12:00

REVERSE RUMBA BOX

1-2 Step right to side, step left together

3-4 Step right back, hold

5-6 Step left to side, step right together

7-8 Step left forward, hold